2024 Lunch & Learn

CT Teachers Retirement Board

United Healthcare

Post-Acute Care Settings

Skilled Nursing Facility

- Nursing care or rehab services following illness, injury, or surgery

Long-Term Acute Care Hospital

- Specialize in treatment of patients with serious medical conditions that require care on an ongoing basis

Inpatient Rehab Facility

- Provide intensive rehabilitation services to patients after illness, injury, or surgery

Home Health Care

- In-home support services to assist patients who suffer from injuries or health conditions that impair their ability to perform activities of daily living

Palliative / Hospice Care

- Services provided to beneficiaries in their home for palliative and support services for terminally ill patients

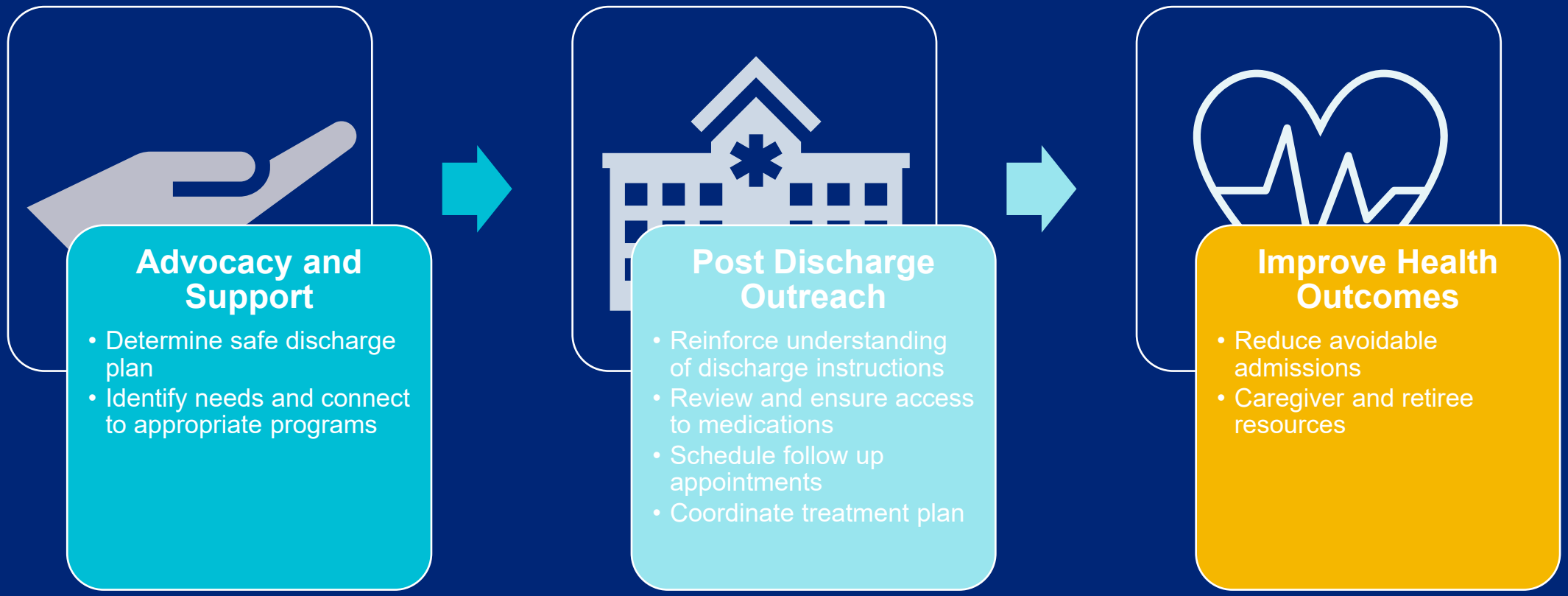
What's the difference between Skilled Nursing Care and Long-Term Acute Care?

Skilled Nursing Care	Long-Term Acute Care
• Nursing-driven care plans	• Daily physical bedside visits, with sub-specialists on staff
• Physician visits as rarely as every 60 days, sub specialists seen offsite	• ICU-and CCU-level nurses and physicians
• Care for moderately ill patients who do not need acute-level treatment	• Specialty in medically complex and critically ill patients
• Limited respiratory therapy, unless required for pulmonary patients	• 24/7 respiratory therapy onsite
• Standard rehabilitation services	• Specialized rehab programs and early mobilization of critical care patients, including those on ventilators
• Radiology, pharmacy, and lab services accessibility, but not onsite	• Onsite telemetry, radiology, pharmacy

How is it Covered?

	Skilled Nursing Facility	Long Term Acute Care / Inpatient Rehabilitation	Home Health Care Services	Palliative/ Hospice Care
Medicare Advantage	• No inpatient hospitalization required • Days 1-100: $0 copay	• $200 copay per stay	• $10 copay	• Covered by Original Medicare
Senior Supplement	• 3 day inpatient hospitalization required • Days 1-20: $0 copay • Days 21-100: $250 per admission	• $250 per admission	• $0 copay after Part B deductible	• Covered by Original Medicare

Post Discharge Transitions



Healthy at Home

Post-Discharge Meal Delivery, Transportation, and In-home Personal Care

28 meals

6 hours of in-home personal care

Up to 12 one-way rides

Questions?